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INSIDE OUR JEWISH ADVICE PODCAST

# A Bintel Brief

with hosts Ginna Green and Lynn Harris



In this episode, Bintel hears from “Grumpy Gifter,” who writes with a quintessentially mid-30s frustration. She lives in a world of babies and weddings — which means, of course, that she is required to deliver a litany of gifts.

“I find it sad that community support has been reduced to buying people something off an internet list or dropping a postpartum meal at their door,” Grumpy Gifter writes. **“It’s 2022. Do I have to participate in the wedding-and-baby-etiquette industrial complex? Or can we finally put that to rest?”**



*The Forward thanks Edward Blank, whose generous support makes the podcast possible.*

## Unsolicited Advice

Ginna and Lynn offer counsel and recommendations you *didn't* ask for.

**WATCH** the night sky during the month of June: [Mercury, Venus, Mars, Jupiter and Saturn will align this month](#), and will be particularly visible to us Earthlings on June 24. (Ginna)

**LISTEN** to the audiobook of Hannah Gadsby's [Ten Steps to Nanette](#). I mean, you could also read it, but why miss out on her Tasmanian lilt and hilarious-slash-searing delivery of truth? (Lynn)

**DOWNLOAD** the app "Ditto": I don't know how people survive without clipboard managers, and I've got to recommend the [Ditto](#) extension for all of your copy + paste needs. I literally (truly) use it approximately every 90 minutes. (Ginna)

**SAVE** those citrus peels! Heidi Swanson of 101 Cookbooks suggests just about [101 things to do with them](#). I've also got orange vinegar (a natural cleaner) steeping in my closet. (Lynn)

**WIPE** your hands on your socks... rather than your shirt. If you must. Advice via my husband, who learned this in high school, and is respectable in most other ways. (Lynn)

**DRINK** "Mississippi Mud": Since Lynn is telling you to wipe your hands on your socks, I'll propose something else that might make you wince — but just give it a shot: mix Pepsi and orange juice. (As Carolina natives, growing up, we never drank Coke.) It was a childhood speciality of my dad, who is also respectable in most other ways. (Ginna)

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## Your Turn

**Send us your thoughts:** Have your own spin on this week's question? Agree or disagree with Bintel's advice? Share your feedback with us at [bintel@forward.com](mailto:bintel@forward.com).

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## Your Hosts

**GINNA GREEN** is a strategist-consultant-movement-builder now helping Jewish (and other) organizations change through her new firm, [Uprise](#). She is on the boards of progressive Jewish groups including Bend the Arc and the Jews of Color Initiative, and lives in Columbia, South Carolina.

**LYNN HARRIS** is a writer-activist-multi-hyphenate who uses the power of comedy to drive change. She is founder of [GOLD Comedy](#), co-creator of [Breakup Girl](#), and a former advice columnist for Glamour and other print magazines of blessed memory.

## Need advice? Send us your question

Send an email to [bintel@forward.com](mailto:bintel@forward.com)

or leave a voice message at

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